



**CALIFORNIA ORAL SURGERY  
& DENTAL IMPLANT CENTER**

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**STUDY  
CLUB  
2026**



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“I can remember vividly the moment that I changed the way that I thought about how to pursue my career and involvement in dentistry. I remember sitting in my solo practice reading about oral surgery and thinking that I would really like to have someone to talk to about the things I read. I realized that the joy of learning is diminished in a vacuum. In all of our educations we are surrounded by people. We are surrounding by friends, professors, or mentors. Yet when we exit the learning environment we are suddenly alone with a sea of information and knowledge to unpack. We are given information that is biased or not practical for daily use in our practices. Speakers make a career out of speaking and show their best cases and not their failures or challenges serve to motivate us at first and then serve to discourage us. The reality is often much harsher in real world day to day dentistry and navigating all the challenges we have to face is when we don’t have perfect patients, perfect cases, or perfect situations don’t help propel our practices forward.

The purpose of our study club is very simple. It is to propel our practices forward by learning how to do things a little better every single day. How to make incremental continued changes to the way we do things so every day we are better at our profession than the day before. We believe in the power of group learning and community. We believe that learning is more enjoyable when we interact and share real world challenges as we pursue continued improvement in our profession.

This year in our study club we have made every effort to try and obtain speakers that would help your practice and inspire your own progress and growth. We have made attempts to include case presentations and small group discussions so that there is a safe space to share your own challenges. We have also included a hands-on event to foster more interaction and tactile learning.

As we continue this year in another year of our study club, my only request from those of you attending and participating is to be involved. This is your study club and your community. Please brings cases to discuss at the small group meetings. Be vocal about how we can help your practice and career. Help your fellow dentists with their own challenges to growth. My hope is that through this study club we can not only become better doctors and dentists for our patients but also have fun and enjoy the process of the incremental pursuit of excellence.”

**- David Park, DDS, MD**



## EVENT DATES

**FEB 11**

**Kimberly Schlam, DMD, MS**

"Digital Dentistry and Cloud-Based Sharing: Get Your Life Back"

**5:30PM-6PM:** Dinner & Registration | **6PM-8PM:** Lecture  
**Old Ranch Country Club**, 3901 Lampson Ave, Seal Beach

**MAR**

**Small Group Discussion:** Economic Concerns for Dentist and Future Planning

**6PM-8PM:** Lecture

**California Oral Surgery**, 7677 Center Ave. #409, Huntington Beach

**APRIL 8**

**Lauralee Nygaard, DDS, MS**

"Metabolic Dysfunction and Periodontal Disease"

**5:30PM-6PM:** Dinner & Registration | **6PM-8PM:** Lecture

**Old Ranch Country Club**, 3901 Lampson Ave, Seal Beach

**MAY**

**Small Group Discussion:** Specialist Panel

**6PM-8PM:** Lecture

**California Oral Surgery**, 7677 Center Ave. #409, Huntington Beach

**SEPT 9**

**Shant Aharonian, DDS**

"Modern Adhesive Restorative Dentistry: Digital Solutions for Predictable Results"

**5:30PM-6PM:** Dinner & Registration | **6PM-8PM:** Lecture

**Old Ranch Country Club**, 3901 Lampson Ave, Seal Beach

**OCT**

**Small Group Discussion:** Treatment Plan Sequencing

**6PM-8PM:** Lecture

**California Oral Surgery**, 7677 Center Ave. #409, Huntington Beach

**NOV 13**

**Augusto Robles, DMD**

"Solventum (3M) Filtek™ Matrix Hands-On Workshop"

**9AM-1PM:** Hands-On Workshop

**Paramount Dental Lab**, 15751 Graham St, Huntington Beach



**February 11, 2026**

**5:30PM-6PM:** Dinner & Registration

**6PM-8PM:** Lecture

**Location:** Old Ranch Country Club  
3901 Lampson Ave, Seal Beach



## Digital Dentistry & Cloud-Based Sharing: Get Your Life Back

### Course Summary:

This lecture explores 3D printing through the lens of a practicing clinician and discusses various ways you can incorporate it into your existing workflow. Participants will learn the step-by-step workflow of digital dentistry and explore uses of cloud-based sharing for a team-based approach. In creating the best workflow for your practice and your team, it is important to understand the various options you have for delegation and collaboration. Through the interactive discussion, both tooth and implant-borne cases will be reviewed utilizing the digital process and the fabrication of printed interim and definitive restorations.

### Learning Objectives:

- Review 3D printing from A to Z
- Review cloud based software and discuss how it decreases friction to communication while providing freedom to out source design
- Discuss the stepwise approach to digital dentistry and give examples of in-house vs out sourced manufacturing
- Discuss the value of predictability with treatment planning, re-producibility, and time savings by incorporating 3D printing
- Introduce a concept of work-life balance that can be achieved by delegating portions of the digital workflow that don't bring you joy

**2 CE UNITS**

## Kimberly Schlam, DMD, MS

Dr. Kimberly Schlam is the founder and owner of a digitally-driven private practice located in Bend, Oregon, where she specializes in patient-centered, multi-disciplinary collaborative care. With a keen focus on enhancing patient experiences, Dr. Schlam leverages cutting-edge digital technology to refine techniques and improve communication within her practice. Her research primarily examines patient-reported quality of life outcomes associated with implant prosthetics, contributing valuable insights to the field. She is an international educator and is a key opinion leader for Straumann and a resident faculty member at Spear Education. Dr. Schlam earned her dental degree from Tufts University School of Dental Medicine and further advanced her expertise with a Certificate of Prosthodontics and a Master's degree from the University of North Carolina at Chapel Hill. Additionally, she has proudly served as a prosthodontist in the US Army, bringing a wealth of experience to her practice.



# March 2026

**6PM-8PM: Lecture**

**Location:** California Oral Surgery  
7677 Center Ave. #409,  
Huntington Beach

## Small Group: Economic Concerns for Dentist and Future Planning

### Course Summary:

In today's rapidly evolving dental landscape, economic awareness and strategic financial planning are critical to long-term success. This lecture will address current economic challenges facing dental professionals, including rising operational costs, changing reimbursement models, inflationary pressures, and shifts in patient spending habits. Participants will gain practical strategies to strengthen their financial foundation, plan for future growth, and make informed decisions that support both short-term stability and long-term practice goals. Whether you are an associate, practice owner, or planning for retirement, this course will equip you with the knowledge to navigate economic uncertainty with confidence.

### Learning Objectives:

- Identify current economic trends and financial pressures affecting dental practices.
- Analyze how inflation, interest rates, and reimbursement changes impact practice profitability.
- Evaluate different strategies for budgeting, cost control, and revenue optimization in a dental setting.
- Develop a future-focused financial plan that includes growth strategies, investment considerations, and retirement planning.
- Implement actionable steps to improve financial resilience and adapt to economic fluctuations.

**2 CE UNITS**



# April 8, 2026

**5:30PM-6PM:** Dinner & Registration

**6PM-8PM:** Lecture

**Location:** Old Ranch Country Club  
3901 Lampson Ave, Seal Beach



## Metabolic Dysfunction and Periodontal Disease

### Course Summary:

Poor metabolic health can cause irreversible damage to the periodontium. Dental teams trained to identify oral signs of metabolic disease can offer the opportunity to partner with their patients to help them achieve optimal oral and whole-body health. Dental providers who identify oral signs of metabolic dysfunction can inform, educate and develop ideal dental health treatment plans that reduce risk for tooth loss and support patient's overall health and longevity.

Upon completion of this session, attendees should be able to:

- What is metabolic dysfunction?
- Why Metabolic Dysfunction matters to the dental team.
- Identify oral and systemic signs and symptoms of metabolic disease.
- Identify what dental teams can do to help their patients achieve optimal oral, systemic and metabolic health.

**2 CE UNITS**

## Lauralee Nygaard, DDS, MS

Dr Lauralee Nygaard is a Board Certified Periodontist, with three additional years of specialty training beyond dental school. She attended Loma Linda University where she earned her Doctor of Dental Surgery degree and continued her education for three additional years in the graduate periodontics program for specialty training in periodontics, soft tissue procedures and implant dentistry where she earned a Certificate in Periodontics and a Masters of Science degree. Dr Nygaard is a member of The American Academy of Periodontology, the American Dental Association, the Washington State Dental Association, the Spokane District Dental Society and she is a Fellow in the International Society of Periodontal Plastic Surgeons. She currently maintains a practice in Spokane Valley, Washington.



# May 2026

**6PM-8PM: Lecture**

**Location:** California Oral Surgery  
7677 Center Ave. #409,  
Huntington Beach

## Small Group: Specialist Panel

### Course Summary:

The highest quality of dentistry is practice with interdisciplinary care for our patients with all the different specialties of dentistry being involved to lend a voice in how things are being done. The challenge in interdisciplinary care is often communication and collaboration. In this panel we will host the many specialties of dentistry and give our study club members an opportunity to have an open discussion on cases and challenges from their own practice. The presentation of a multidisciplinary case is encouraged and appreciated. We will also try to cover the trends of dentistry and how the specialties view current practice models in our field such as DSO, Corporate implant centers, and treatment trends.

### Learning Objectives:

- Learn about collaborative communication between specialties
- Optimize your own specialist team to work smoother and more efficiently
- Understand current treatment trends and ramifications for the private practice dentist
- Develop an efficient and effective pathway to tackle difficult and challenging cases.

**2 CE UNITS**



**September 9, 2026**

## **Modern Adhesive Restorative Dentistry: Digital Solutions for Predictable Results**

**5:30PM-6PM:** Dinner & Registration

**6PM-8PM:** Lecture

**Location:** Old Ranch Country Club  
3901 Lampson Ave, Seal Beach



### **Course Summary:**

Adhesive dentistry has revolutionized restorative and cosmetic dentistry, and mastering its principles is critical for achieving clinical success in modern practice. This course is designed to simplify bonding protocols and optimize restorative outcomes based on research and contemporary materials. Participants will review the latest research on restoring teeth with modern materials and learn how to integrate digital solutions into everyday practice. The course will cover materials selection for both direct and indirect restorations. Attendees will see how 3D printing enables same-day, same-appointment indirect restorations, enhancing efficiency and patient experience. They will also explore how AI-driven CAD software contributes to the precise design and fabrication of 3D printed restorations, and learn strategies to simplify post-processing and cementation of indirect restorations.

### **Learning Objectives:**

- Optimize bonding protocols
- Improve tooth longevity based on research
- Review direct and indirect materials
- Select direct and indirect restorative materials effectively
- Integrate digital workflows and 3D printing for same-day restorations
- Utilize AI-driven CAD software for precise design
- Streamline post-processing of same-day restorations
- Simplify cementation protocols

**2 CE UNITS**

## **Shant Aharonian, DDS**

Having grown up in Los Angeles, Dr. Shant is a highly trained professional in his field, always putting his patients first. After earning his Bachelor's Degree in Psychobiology from UCLA, Dr. Shant graduated from the prestigious USC School of Dentistry. While at USC, Dr. Shant found his passion for designing and maintaining healthy smiles. Patients seek his care from all over California due to his extremely gentle touch. At Smile Design Burbank, he utilizes the latest advancements in technology to give his patients highly individualized care.



## October 2026

**6PM-8PM: Lecture**

**Location:** California Oral Surgery  
7677 Center Ave. #409,  
Huntington Beach

# Small Group: Treatment Plan Sequencing

## Course Summary:

Proper treatment plan sequencing is key to delivering predictable, efficient, and comprehensive care. This course will cover how to organize and phase dental treatment, coordinate multidisciplinary care, and communicate plans effectively to patients and the dental team.

## Learning Objectives:

- Understand the principles of effective treatment sequencing.
- Identify the ideal order of treatment for various clinical scenarios.
- Develop phased plans that address clinical priorities and patient needs.
- Integrate multidisciplinary care into a cohesive plan.
- Communicate sequencing clearly to improve case acceptance and workflow.

**2 CE UNITS**



**November 13, 2026**

## **Solventum (3M) Filtek Matrix Hands-On Workshop**

**9AM - 1PM: Lecture / Hands-on**

**Location:** Paramount Dental Lab  
15751 Graham St, Huntington Beach



### **Course Summary:**

- Discover the benefits and versatility of the Filtek Matrix and how offering this treatment can enhance your practice
- Learn how our ready-to-use marketing materials can help build excitement for the treatment among your patients
- Identify ideal candidates for the Filtek Matrix and explore how to increase case acceptance
- Get step-by-step guidance on placing your first order through the Oral Care Portal, including information on gathering patient records, completing the digital prescription, and approving the treatment design
- Review clinical case examples and follow a detailed walkthrough of a restoration, complete with practical tips from our experts

To help you perfect your technique, you'll also get hands-on practice with two different typodonts that are included with your training kit.

**4 CE UNITS**

## **Augusto Robles, DMD**

Dr. Augusto Robles graduated from "Cayetano Heredia" University in Peru in 1992. After having taking several mini-residencies in Esthetics, Occlusion and All-ceramics in Peru, Dr Robles trained at The University of Michigan receiving the Advanced Specialty Education in Restorative Dentistry Certificate and a Master's of Science in Restorative Dentistry. Dr Robles also completed the Core Curriculum at The Dawson Academy where he now is a Visiting Instructor. Dr Robles currently is an Associate Professor in the Department of Restorative Dental Sciences and the Director of Operative Dentistry Curriculum.

Dr. Robles focuses in restorative procedures (minimally invasive), adhesive dentistry, Partial Coverage Restorations and digital impressions.